CFXC 2012	3x1600m														
Boys	6/28/2012					7/10/2012					8/2/2012				
	#1	***#2***	***#3***	***AVG***	***5k Pace***	***#1***	***#2***	***#3***	***AVG***	***5k Pace***	***#1***	***#2***	***#3***	***AVG***	***5k Pace***
D. Ganger	6:28	6:15	6:09	6:17	19:31										
J. Ganger	6:12	6:04	6:05	6:07	19:00										
J. Karyo	6:12	5:53	5:45	5:56	18:26		6:23	6:25	6:24	19:53					
Mitchell	6:12	6:11	6:08	6:10	19:09	6:43	6:19	6:15	6:25	19:56	5:51	6:01	5:55	5:55	18:21
M. Rose	5:56	5:53	5:45	5:51	18:10										
E. Sampsel	5:55	5:53	6:34	6:07	19:00	6:32	6:07	6:07	6:15	19:25	5:51	5:44	5:39	5:44	17:53
N. Stapulionis						6:22	6:00	5:41	6:01	18:41					
J. Bistritz						6:32	6:07	5:58	6:12	19:15	5:51	5:44	5:47	5:47	17:56
C. Postelthwaite						7:30	7:20	7:20	7:23	22:56	7:39	6:52	6:27	6:59	21:40
B. Sooy						8:07	9:33	8:45	8:48	27:20			7:25		
B. Wynveen						6:45	6:19	6:17	6:27	20:02					
T. Thompson						7:58	8:45	8:10	8:17	25:44					
E. Bergomi						10:00			10:00	31:04					
D. Distaulo											7:53	6:54	6:38	7:08	22:09
W. Lane											7:37	6:50	6:09	6:50	21:11
M. Rust											5:51	6:01	5:55	5:55	22:09

Girls	6/28/2012					7/10/2012					8/2/2012				
	#1	***#2***	***#3***	***AVG***	***5k Pace***	***#1***	***#2***	***#3***	***AVG***	***5k Pace***	***#1***	***#2***	***#3***	***AVG***	***5k Pace***
Barcelo	6:30	6:34	6:31	6:31	20:14	6:53	6:26	6:29	6:36	20:30	6:27	6:26	6:09	6:20	19:38
C. Cantlay	8:07	8:32	8:40	8:26	26:12										
Defoy	8:10	8:48	8:42	8:33	26:33										
Dustin	6:30	6:34	6:31	6:31	20:14	6:55	6:40	6:59	6:51	21:16		7:52	6:43	7:17	22:35
Nafziger	7:45	8:05	8:27	8:05	25:06	7:55	8:20	8:20	8:11	25:25					
O'Neil	7:13	7:14	7:19	7:15	22:31						7:20	7:29	7:34	7:23	22:54
Thombs	9:05	10:01	9:15	9:27	29:21	9:06	10:50	11:59	10:48	33:33					
Moyse						7:09	7:12	7:30	7:17	22:37	6:37	6:42	6:48	6:42	20:47
Walker						7:00	7:20	7:40	7:20	22:47	6:27	6:37	6:58	6:40	20:40
Hauserman						7:58	9:23	9:20	8:55	27:42	7:57	8:07	8:00	8:01	24:53
Morgan						8:07	9:26	9:24	8:59	27:54	7:57	8:20	8:09	8:08	25:13
Loomis						9:06	10:50	10:59	10:33	32:46	10:00	9:50	9:45	9:51	30:35
Loomis											7:51	7:52	7:26	7:43	23:57
Peterson											10:00	9:50	9:45	9:51	30:35
Mackin											7:51	7:52	7:26	7:43	23:57
Loomis															

Van Wagoner						6:57	6:51	7:04	6:57	21:35	6:29	6:25	6:18	6:24	
Halper						6:45	6:26	6:29	6:34	20:24					